



Lemon Essential Oil

DESCRIPTION: A cleansing, zesty aroma. Diffuse it to boost focus and energy and to freshen the air.

TOP AROMATHERAPY BENEFITS: cleanse • purify • boost

AROMA: Zesty & Clean

BLENDS WITH: Eucalyptus, Orange, Peppermint

INGREDIENTS: Citrus limon (lemon) peel oil

COLLECTION METHOD: Cold pressed

CAUTION: Discontinue use if skin sensitivity occurs. Keep out of reach of children. Not for internal use. If pregnant, nursing, or under a doctor's care, consult physician. Avoid contact with eyes and mucous membranes. Avoid sunlight or UV rays for up to 12 hours after applying product.



TOP TIPS:

Diffuser

Add 1 drop oil per 20 ml of water and diffuse for a cleansing and energizing aromatherapy experience.

Air Freshener

Add a few drops to a spray bottle, shake well and use as a air freshener.

Laundry Freshener

Add a 1-2 drops to a dryer sheet or dryer ball to freshen laundry as it dries.

Sugar Scrub

Combine 10-15 drops essential oil with 1/2 cup coconut oil and 1/2 cup sugar for an invigorating DIY sugar scrub for glowing skin.

Bath Salts

Combine 15-20 drops essential oil with 2 tablespoons coconut oil and 2 cups Epsom salt for energized skin.

Daily Shower Spray

In a spray bottle combine 1 cup of water, 1 tablespoon liquid Castille soap, 5 drops lemon oil and 5 drops tea tree oil. Use after showering on tile and glass.

Sea Salt Hair

Combine 1 cup warm water, 2 tablespoons sea salt, 1/2 teaspoon fractionated coconut oil, 5 drops lemon oil, and 5 drops of lavender or peppermint oil. Spray in hair and lightly scrunch to create beachy waves.

Surface Cleaner

To a spray bottle add 15 drops of lemon oil, 1 cup distilled water, and 1/4 cup white vinegar. Shake well.

Natural Polish

Combine 10 drops essential oil with 1/4 cup olive oil and 1/4 cup vinegar in a spray bottle for DIY furniture polish.

Clean and Preserve Leather

Add a few drops lemon essential oil to a wet rag and wipe down leather furniture.

Adhesive Remover

Add a few drops to a paper towel and use to remove adhesive.

DIY AROMATHERAPY BLENDS:

Alert: Lemon + Basil + Peppermint

Brighten: Lemon + Ylang Ylang

Citrusy: Lemon + Bergamot + Lemongrass

Clean: Lemon + Eucalyptus + Orange

Energize: Lemon + Grapefruit + Orange

Focus: Lemon + Peppermint + Rosemary

Herbal & Sweet: Lemon + Oregano + Peppermint + Rosemary

Purify: Lemon + Tea Tree

Refresh: Lemon + Eucalyptus

Uplift: Lemon + Bergamot + Lavender

Wake Up: Lemon + Grapefruit + Peppermint

Welcoming: Lemon + Lavender