# Airomé



**DESCRIPTION:** A sweet, energizing, purifying aroma. Diffuse it to uplift and inspire a positive, joyful mood.

TOP AROMATHERAPY BENEFITS: energize • purify • uplift

AROMA: Sweet & Citrusy

BLENDS WITH: Bergamot, Cedarwood, Peppermint

INGREDIENTS: Citrus aurantium dulcis (orange) peel oil

**COLLECTION METHOD:** Cold Pressed

**CAUTION:** Discontinue use if skin sensitivity occurs. Keep out of reach of children. Not for internal use. If pregnant, nursing, or under a doctor's care, consult physician. Avoid contact with eyes and mucous membranes. Avoid sunlight or UV rays for up to 12 hours after applying product.

#### **TOP TIPS:**

## Diffuser

Add 1 drop oil per 20 ml of water and diffuse for a cleansing and energizing aromatherapy experience.

# **Air Freshener**

Add a few drops to a spray bottle, shake well and use as an air freshener.

## **Natural Pick-Me-Up**

Diffuse or dilute and use topically when experiencing mental fatigue or needing a boost.

## **Healthy Home**

Combine with cinnamon and ginger and diffuse when seasonal threats are high.

**Refresh Skin** Combine with carrier oil to brighten skin.

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## Shampoo Boost

Add a few drops to small amount of your shampoo to add shine to your hair.

## **Surface Cleaner**

To a spray bottle add 15 drops of orange essential oil, 1 cup distilled water, and 1/4 cup white vinegar. Shake well.

# **Daily Shower Spray**

Add 1 cup of water to a spray bottle and combine with 1 tablespoon liquid Castille soap, 5 drops each of orange and peppermint oil. Use after showering on tile and glass.

## **Kitchen Cleaner**

Combine with tea tree or rosemary to cleanse your kitchen sink and countertops.

#### **Floor Cleaner**

Create a DIY floor cleaner by adding 1/2 cup warm water, 1/4 cup white vinegar, 1 teaspoon liquid dish soap and 20 drops orange oil to a spray bottle.

Adhesive Remover Add a few drops to a paper towel and use to remove adhesive.



## **DIY AROMATHERAPY BLENDS:**

Clean: Orange + Eucalyptus + Lemon

Confidence: Orange + Bergamot + Ylang Ylang

Energize: Orange + Grapefruit + Lemon

**Energy Boost:** Orange + Lemongrass + Wintergreen

Fresh & Clean: Orange + Canadian Fir

Fresh & Herbal Orange + Eucalyptus + Ginger + Rosemary

**Get Well Soon:** Orange + Cinnamon + Clove + Ginger

Happy: Orange + Clary Sage + Lavender

Healthy Home: Orange + Cinnamon + Clove + Eucalyptus + Rosemary

Holiday: Orange + Canadian Fir + Cinnamon

Soothing Escape: Orange + Ginger + Ylang Ylang

Uplift & Balance: Orange + Cedarwood

Dilution Ratio: Best practices state that one ½ tsp of a carrier oil, like olive, coconut, jojoba or almond oils, be combined with every 1-2 drops of essential oil. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.