# Airomé



**DESCRIPTION:** Melaleuca has a cool, purifying aroma. Diffuse it to encourage deep breathing and to rejuvenate and cleanse the air.

TOP AROMATHERAPY BENEFITS: purify • rejuvenate • cleanse

AROMA: Green & Cool

BLENDS WITH: Eucalyptus, Lemon, Peppermint

INGREDIENTS: Melaleuca alternifolia (tea tree) leaf oil

**COLLECTION METHOD:** Steam Distilled

**CAUTION:** Discontinue use if skin sensitivity occurs. Keep out of reach of children. Not for internal use. If pregnant, nursing, or under a doctor's care, consult physician. Avoid contact with eyes and mucous membranes.

## **TOP TIPS:**

#### Diffuser

Add 1 drop oil per 20 ml of water and diffuse for a rejuvenating and cleansing aromatherapy experience.

# **Air Freshener**

Add a few drops to a spray bottle, shake well and use as a air freshener.

## **Natural Deodorizer**

Combine with clove and cedarwood to use as a natural deodorizer.

#### Use on Dry Skin

Combine with carrier oil and use on dry skin or scalp.

#### **Shampoo Boost**

Add a few drops to a small amount of shampoo and massage into scalp to rejuvenate hair.

#### **Clean Sweaty Clothes**

Add 10-15 drops per gallon of water and soak gym clothes and sports gear before adding to washing machine.

## **Daily Shower Spray**

Add 1 cup of water to a spray bottle and combine with 1 tablespoon liquid Castille soap, 5 drops each of lemon and tea tree oil. Use after showering on tile and glass.

## **Surface Cleaner**

Add 15 drops of tea tree oil to a spray bottle with 1 cup distilled water, and 1/4 cup white vinegar. Shake well.

## **Floor Cleaner**

Create a DIY floor cleaner by adding 1/2 cup warm water, 1/4 cup white vinegar, 1 teaspoon liquid dish soap and 10 drops of each lavender and tea tree oil to a spray bottle.

#### **Kitchen Cleaner**

Combine with lemon oil and wipe with a wet sponge to cleanse your kitchen sink and countertops.

**Body Cleanse** Dilute and apply to pulse points when trying to detox body.



#### **DIY AROMATHERAPY BLENDS:**

Body Guard: Tea Tree + Lemon + Oregano + Rosemary

Breathe Deep: Tea Tree + Eucalyptus

**Clean Home:** Tea Tree + Bergamot + Lemon

Cleanse: Tea Tree + Clove + Lemon

**Energize:** Tea Tree + Basil + Lemongrass

**Floral Fresh:** Tea Tree + Lavender + Ylang Ylang

Fresh Air: Tea Tree + Eucalyptus + Peppermint

Protective Blend: Tea Tree + Lemon + Oregano + Peppermint

Pure Air: Tea Tree + Oregano + Rosemary

Purify: Tea Tree +Lemon

Dilution Ratio: Best practices state that one ½ tsp of a carrier oil, like olive, coconut, jojoba or almond oils, be combined with every 1-2 drops of essential oil. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.